

DRINKS MENU

COFFEE

BY VENEZIANO COFFEE ROASTERS

WE SERVE OUR COFFEE AT APPROX. 65C TO AVOID BURNING THE MILK. IF YOU WOULD LIKE IT ANY HOTTER PLEASE ASK.

Ristretto, espresso	\$3.1	
Double ristretto		\$3.7
Americano	\$3.7	
Long Black	\$4.0	\$4.80
Macchiato, Long Macchiato	\$3.4	
Magic	\$4.7	
Piccolo	\$3.7	
Caffe Latte	\$4.0	\$5.0
Flat White	\$4.0	\$5.0
Cappuccino	\$4.0	\$5.0
Mocha	\$4.2	\$5.2

EXTRAS

Extra Shot	\$0.8	
Bonsoy, Lactose Free Zymil	\$0.8	
Organic Almond or Coconut	\$1.0	
Vanilla, Hazelnut, Caramel	\$1.0	

MONDAY MADNESS –
FREE UPSIZE OR 2ND SHOT UNTIL 12PM EVERY
MONDAY

CHAI & SPECIALTY

LATTES

Spiced or Vanilla Chai	\$4.5	\$5.5
Beetroot Latte (w Bonsoy)		\$5.0
\$6.0		
Minty Cacao Latte (w organic Almond)		\$5.0
\$6.0		
Spicy Ginger Latte (w organic Coconut)		\$5.0
\$6.0		
Turmeric Latte (w organic Coconut)	\$5.0	\$6.0

SMOOTHIES

& PROTEIN SHAKES

WE USE HAPPY WHEY PROTEIN POWDER

Strawberries & Cream Protein Shake	\$9.5	
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(Fresh strawberries, banana, almond milk vanilla protein mix)

Breakfast of Champions Protein Shake

\$9.5

(Oats, Fresh banana, 2 coffee shots, almond milk, choc protein mix)

Banana Chia Smoothie

\$8.0

(Fresh banana, yoghurt, coconut milk, chia seeds, honey)

Red Velvet Protein Shake

\$9.0

(Vanilla Protein mix, Cacao, Beetroot Powder, Bonsoy)

TEA

WE SERVE OUR TEA WITH A BONE CHINA CUP AND IN A BOTTOMLESS POT, SO PLEASE FEEL FREE TO ASK FOR A REFILL.

English Breakfast	\$5.0
Earl Grey	
Decaf	
Honeydew Green	\$5.0
Peppermint	
Chamomile & Lavender	
Lemongrass & Ginger	
Malabar Chai	\$5.5

ICED LATTES & FRAPPES

Iced Long Black	\$5.5
Iced Piccolo	\$4.5
Iced Latte	\$6.0
Iced Chocolate	\$6.5
Coffee Frappe	\$7.0
Chocolate Frappe	\$7.0
Mocha Frappe	\$7.5
Chai Frappe (vanilla or spiced)	\$8.0
Matcha Frappe	\$8.0

JUICES

Bruce's Organic Cold Pressed Juices	\$5.0
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SPARKLING & KOMBUCHA

Check out the drinks fridge for the range of soft drinks and Lo Bros Kombucha's

BUBBACINOS

With Marshmallow and Sprinkles	\$1
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**TIN LID TUESDAY –
FREE BUBBACINOS EVERY TUESDAY**

THESE HAVE BECOME QUITE POPULAR LATELY. WE HAVE SOURCED WHAT WE FEEL ARE THE HEALTHIEST & TASTIEST OPTIONS. WE USE BONSOY FOR ALL SOY OPTIONS AND NUTTY BRUCE FOR BOTH ALMOND AND COCONUT OPTIONS.

ALTERNATIVE MILKS

FOOD MENU

IN A HURRY

- Muffins** – check out what flavours we have each day
\$4.5
- Banana Bread** – toasted and served with butter \$6.5
- Fruit Toast** – toasted and served with butter
\$5.5
(1/2 serve)
\$4.5
- Bircher Muesli** – organic granola, grated apple, orange
Juice, Greek yoghurt, fresh fruit
\$8.9
- Chia Pot (GF & DF)** – organic chia seeds, organic almond milk,
Honey, coconut yoghurt, gluten free cacao muesli \$8.9
- McFifty3** – grilled English muffin, creamy scrambled eggs,
Double Smoked ham
\$6.9
- Ham & Cheese Croissant** – grilled with double smoked ham and
Cheddar cheese \$7.9

EGGS & OMELETS

AVAILABLE DAILY UNTIL 2PM

OUR EGGS ARE FROM SAL AND BILL HOODS' EARTH EGGS. THEY ARE PASTURE RAISED & THEY TASTE FANTASTIC. THEY ARE SOY, GMO, ANTIBIOTIC & HORMONE FREE SO THEY ARE EVEN BETTER FOR YOU.

- The Onsie** – 1 fried egg, 1 slice of buttered ciabatta toast \$6.5
- 2 Eggs Scrambled or Fried** & served with Toasted Ciabatta \$10.9
EXTRAS ½ avocado \$3.5 baby spinach \$1.5
Dbl Smoked ham \$3.0 cheddar cheese \$1.5
Grilled Tomato \$2.5
- The Duke** – 2 fried eggs on ciabatta toast, with double smoked
Ham, wilted baby spinach, grilled mushrooms &
Beerenberg Worsteshire Chutney
\$15.5
- Breakfast Tacos** – flour tortilla, mexi bean salsa, corn chip crunch,
avocado, tomato, salsa and 2 fried eggs \$12.5
- Chicken & Cheese** – 3 egg omelet, roast free range
Chook, Gruyere, baby spinach & Beerenberg
Worcestershire Chutney \$14.5
- Green Eggs & Ham** – 3 egg omelet, double smoked Ham,
Pesto, feta, greens \$14.5
- Open Omelet** – Open 2 egg omelet topped with roast free range
Chicken, raw & steamed greens, roast pumpkin,
Toasted pepitas \$16.5
(add toast to any omelet \$2.50)

TIN LIDS (KIDS)

- Bubbacino** – Served with sprinkles and a marshmallow
\$1.0
- Kids Milk** – Chocolate or Strawberry Quick, Vanilla, Caramel \$2.5
- Organic Juice** – Pure Apple or Orange \$5.0
- Cheesy Jaffle** – Just cheese, just how they like it \$4.0
- Monster Cookies & Gingerbreads** \$4.0

SWEET TREATS

CHECK OUT THE DISPLAY CABINET FOR OUR RANGE OF MUFFINS, CAKES, SLICES, PROTEIN BALLS & BISCUITS FROM EAT ME PATISSERIE, JENNY'S BAKERY, SWEET DENIAL, PURABON, SWEET NECTAR AND MORE....

SIGNATURE JAFFLES

- Ham, Cheese & Tomato... \$6.5
- Ham, Cheddar & Mustard Pickle ... \$6.5
- Mushroom, Cheddar, Tomato Chutney & Spinach... \$7.0
- Sopresso, Brie & caramelised onion... \$7.0

**FRIDAY JAFFLE FRENZY – ON FRIDAYS ALL OUR
JAFFLES ARE JUST \$5**

FLAT GRILLED

- Numero Uno** – prosciutto, baby spinach, roast
Mushrooms, provolone, piadina \$12.5
- The Vego** – pumpkin, baby spinach, caponata
& Feta, sourdough rye roll \$11.0
- The Turk** - Sopresso, mushrooms, olive tapenade,
Provolone, grilled Turkish bread \$12.0
- The Cabbie** – double smoked ham, ripe tomato, pesto
& mozzarella, ciabatta roll \$11.5
- The New Yorker** – thick cut sourdough,
Dbl Smoked Ham, Mustard pickles,
cheddar cheese, & a pickled onion \$13.0

MUST HAVES

- Smashed Avo** – avocado, rocket with a lemon
& olive oil dressing, Sourdough Toast \$15.5
- Mushroom, Feta, Greens** – braised mushrooms,
Feta & salad greens, balsamic dressing,
Ciabatta Toast \$15.5

BUTTERMILK PANCAKES

MADE FROM SCRATCH WITH REAL EGGS AND BUTTERMILK.....

AVAILABLE ON **SATURDAY & SUNDAY**,

& EVERY DAY DURING THE SCHOOL HOLIDAYS

Banana & Maple Syrup \$13.9

Nutella & Fresh Strawberries \$13.9

THINK LOCAL & SHOP LOCAL, SUPPORT LOCAL.....

WE TRY USE THE BEST LOCAL INGREDIENTS WE CAN, WE SUPPORT LOCAL BUSINESSES WHERE POSSIBLE AND DO OUR BEST TO BE A RESPONSIBLE MEMBER OF THE COMMUNITY. SO A BIG SHOUT OUT TO STEPH, ENZO & HIS TEAM, & BELINDA WHO ARE RESPONSIBLE FOR OUR FABULOUS CAKES AND BISCUITS. WE'RE PROUD TO SERVE BEERENBERG CHUTNEYS AND PRESERVES, PAESANO BAKERY BREADS, SPRING GULLY PICKLED ONIONS, EARTH EGGS, HAPPY WHEY PROTEIN POWDER, NUTS AND SEEDS FROM THE SOURCE.